



My First Day of

Florida **V** **P** **K**



A large white rectangular area with a dashed line across the middle, intended for a child's name or message.



2018



#1stDayVPK



Dear VPK Family,

Your child will soon be starting their very first day of voluntary prekindergarten. This is a huge milestone worth celebrating!

No doubt, you'll be taking a few pictures on your child's first day of VPK. You can make the occasion even more memorable by downloading and printing our "My First Day of VPK" flyer. You'll find it on this special webpage: <http://www.floridaearlylearning.com/vpk/families/my-first-day-of-vpk>. Fill in your child's name and have them pose for a photo to commemorate this new part of their life.

Then, use **#1stDayVPK** when posting your photos on social media sites. The Office of Early Learning will be sharing #1stDayVPK tagged pictures on our social media pages through the beginning of September this 2018–2019 school year.

We are excited to see all of the #1stDayVPK pictures and hope you enjoy all your new adventures in the coming year!

Regards,

FloridaVPK

Florida's Voluntary Prekindergarten Program

P.S. While you are excited to see your child start this new adventure, you may also have questions about how to make their first day both memorable and stress-free. Here are some tips as you and your child begin your new adventure in preschool.

First Day Tips

- Arrive early and allow enough time for your child to become familiar with their classroom and teacher before you say goodbye.
- Plan the night before and visualize the day. Help your child know what to expect and let them imagine how their first day will go.
- Don't try and sneak away to prevent a meltdown. Accept that saying goodbye may be emotional, but remind her that she'll be safe and have fun at her new school. Even if your child runs off to play with friends, make sure to let her know you are leaving.
- Practice getting ready in the morning, packing lunch and even driving to the school before the first day to help your child get familiar with this new routine.
- Let your child know how proud you are of him even before he takes his first step into the classroom.