



Parent and Children Activities

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HAVE FUN THIS FALL

In Florida the fall season is a great time for outdoor activities. The weather is great and the humidity nearly gone. Whether it's sports, walking, festivals, shopping, picking pumpkins or other seasonal activities, there is fun for everyone. Instead of trick or treating, get together with family and friends and have your own party. Make it a fun time by baking cookies and other goodies, decorating the house and yard for a good time. You can bob for apples, tell ghost stories, do arts and crafts, have a bonfire and make s'mores. Don't forget the music! Here is some other fun ideas for fall:

- Go for a hayride
- Hike thru the woods
- Make a picnic lunch
- Go apple picking
- Get lost in a corn maze
- Play a game of touch football
- Tailgate at your local football game
- Run a 3 mile race
- Take a ride in the country
- Attend a fall festival
- Look for colored leaves
- Go to a park and play

This is just a few ideas that you can do as a family to make the fall fun for you and your family. The great thing is you can create your own ideas which are endless.



- Go to farmer's market for fresh vegetables and plan dinner.
- Make candy apples
- Make a batch of chili
- Carve a pumpkin
- Take a walk in the crisp air
- Learn a new activity
- Find a favorite outdoor space and read a book

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